

CNC/CNS 6412 Addictions Counseling

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Course Description:

This course will train you to understand the etiology of addictions and enable you to understand and deliver treatment on both a professional and lay level. Addictions in the areas of sexuality, pornography, work, thought and substance abuse will be addressed. The issues of dependence, control, sin and responsibility will be studied.

Course Objectives:

- 1. The student will understand the etiology of addictions and the various ways in which the field defines and conceptualizes addiction. Different types of addictions and compulsive behavior patterns will be examined.
- 2. The student will study the physiological, genetic, behavioral, spiritual, and social aspects of addiction.
- 3. The student will understand the history of the 12-Step movement and its current role in the treatment of addictions. Attendance at a 12-Step meeting and the student's written evaluation/opinion of the 12-steps will be required.
- 4. The student will study an overview of the various treatment approaches for addictions and will formulate their basic theoretical approach to treating addictions in their specific ministry setting.
- 5. The student will study and demonstrate through written examination, knowledge of the DSM IV criteria for diagnosing addictions.

Reading:

Miller, J. Keith. A Hunger For Healing. Harper Collins, 1991.

Fisher, Gary & Harrison, Thomas. *Substance Abuse*. 5th Ed. Allyn & Bacon, 2012.

Carnes, Patrick. Out of the Shadows.

Welch, Edward. Addictions: A Banquet in the grave. P&R Publishing 2001.

Keller, Timothy. Counterfeit Gods. Dutton/Penguin Publishers, 2009.

Selected articles and readings either handed out or available in the library.

Course Requirements:

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- 1. Class attendance and participation. All students are expected to be in class, to participate in class discussions, and to make required class presentations.
- 2. Reading: All students will read the required text books and submit a 1 page Reaction Paper for each book, **DUE: 4-16-14.**
- 3. Attendance at a minimum of one 12-step meetings (of student's choice) and a 1-2 page written summary of your experience. The summary should include a description of the meeting and your opinions, reactions, etc. to what occurred. **DUE: 3-26-14.**
- 4. "Working" of the 12 steps. This will be accomplished by reading A hunger for Healing and the keeping of a journal. In the journal, you will do the activities and/or answer the questions at the end of each chapter of the book. This journal will be shown to the instructor at the end of the class, but will not be handed in to nor read by the instructor. You will also write a 2-page paper describing your thoughts, feelings, and reactions to having worked the steps. You might discuss how they were helpful to you personally and how they may be of help to you in your ministry. **DUE: 5-14-14.**
- 5. Research paper on an "addiction" of your choice. The paper should be approximately 5 pages in length. The paper must include at least the following:
 - A definition of the addiction, its various aspects, appearances, manifestations, etc.
 - Signs, symptoms, course, outcomes, appropriate DSM IV diagnosis, and issues of differential diagnosis.
 - Treatment, including available treatment options and a description of the treatments along with the distinctive application of the 12 step approach to this specific addiction.
 - The appearance of this addiction in the church. How prevalent is it? How is it treated (ignored, discredited, condemned, encouraged, etc.)? Your personal experiences with it, what you have witnessed, etc. **DUE: 4-23-14.**
 - You will present a summary (20-30 minutes) of your paper in class.
- 6. Take Home Final Exam. This will be the only test. It will cover material from the entire course and will be a combination of multiple choice and essay.

Grades:

Class participation/reading	15%
12-step meeting attendance	15%
Journal of the 12 steps	20%
Research paper	25%
Final Exam	25%

Workload:

12-step meeting attendance/report. 5 Hours
Journal of the 12 steps 18
Research Paper & Presentation 15
Final Exam 8
Required Reading 56
Class Attendance 35

CNC/CNS 6412: Course outline, Spring 2014

- 1/29 Course Introduction:
- 2/5 Defining addictions: Current views. Fisher Ch. 1-3. Carnes ch.1; Miller preface, and ch. 1&2.
- 2/12 Defining addiction: Christian views & Drugs. Fisher 4; Miller ch. 3; Welch ch.1-4, Keller ch.1
- 2/19 Assesment & diagnosis: Miller ch. 4; Fisher ch. 5 & 6; Carnes ch. 2;
- 2/26 Intervention: 12-step programs. Miller ch. 5 &6; Fisher ch. 10; Keller ch 2,3.
- 3/5 Intervention: Biblical Counseling. Miller ch. 7&8; Welch ch. 5-12: Keller 4-Epilogue.
- 3/12 Intervention: Medical-Physical. Miller ch. 9; Fisher ch. 7, 8, & 9.
- 3/19 No Class: Spring Break
- 3/26 Intervention: Family & Adolescents. Miller ch.10 & 11; Fisher ch. 8, 11, 12.
- 4/2 Sexual Addiction: Miller ch. 12; Carnes ch. 3-7; Fisher p.288-290.
- 4/9 Process addictions Miller ch. 14,15&16; Fisher 14.
- **4/16** Complications: Fetal Alcohol Syndrome, Adult Children of Alcoholics. Miller ch.13; Fisher ch.12, 13, 15
- 4/23 Presentations. Research Paper Due.
- 4/30 No Class Reading Day
- 5/7 Presentations. Take-Home Final Exam Due.
- 5/14 Presentations. 12 Step Journal Due

Academic Integrity Policy: Students are expected to uphold the highest standards of academic integrity with regard to their own work. If a student is found cheating on the exams, quizzes or vignettes (obtaining answers from other students, books or aids, etc.), they will be forced to withdraw from the course. Obtaining assistance in the form of support, editing, or discussion from the GA or one's peers is allowed for vignette assignments and papers.

Plagiarism, regardless of intent, is the presentation of words or ideas of another as one's own. When sentences, ideas, conclusions, examples, and/or organization of an assignment are borrowed from a source (a book, an article, another student's paper, tapes, etc.) without acknowledging the source, this constitutes plagiarism. Plagiarism and cheating will result in academic penalty, which may include failure of the assignment or of the course. Further disciplinary action may also result. If a student self-reports impropriety or cheating, the situation can be better assessed and ameliorated on a case-by-case basis.

Lateness Policy: In an effort to develop high professional standards, no late work will be accepted unless prior arrangements with the professor have been made. All requests for extensions must be made via email (or otherwise in writing) at least one week prior to the due date for the work. No late work will be accepted unless the circumstances are dire and unusual. In order to make up work you first must have an excused absence with appropriate documentation from a physician, an attorney, or a law enforcement agency.

If you miss a class, for whatever reason, you are responsible for finding out from a classmate what material was covered and what homework was assigned. Do not email me concerning what you missed; consult the course schedule or speak with a classmate to obtain notes or assignment information. Additionally, you cannot submit assignments late because you missed the class period when the assignment was given or when the assignment was due.

Unless otherwise noted, all assigned work is due at the beginning of class on the date they are due! Emailed copies when accepted will be based on the time stamp of the email sent with the attachment.

Quizzes & Vignettes: No make-ups, no late work accepted.
Exams: Make-ups only when scheduled/approved in advance or with proper
documentation (note from physician, etc.)
Research Paper: Late work accepted only when scheduled/approved in advance or
with proper documentation (note from physician, etc.)

Academic & Disability Services: Students with physical, emotional, ADD, or learning disabilities needing academic accommodations should make requests through the office of Academic & Disability Services. These requests will be kept confidential and will be used only to provide academic accommodations. Because many accommodations require early planning, requests should be made as early as possible. The Academic & Disability Services office is located on the first floor of Rossi Student Center (807-5611, cmorgan@ciu.edu). If you already receive services through ADS please contact me so that we can make your academic experience in this class as successful as possible.